



"Food for the body...Nurture for the soul"

# Highlights

Holiday 2011 Newsletter

www.thebreadoflifeonline.org

Volume XX, Number 3

## We're moving!

As of December 1<sup>st</sup> our food pantry and offices will be located at **54 Eastern Avenue Rear in Malden.**

Not to worry – everything isn't changing. Our evening meal will still be prepared and served at St. Paul's Parish and First Baptist Church in Malden Tuesday through Friday evenings. Our new facility is in downtown Malden near the intersection of Main Street and Eastern Ave., directly across from a Dunkin Donuts and at the back of Sacred Hearts Parish.

One of the big advantages of the building is that there will be a waiting area for food pantry patrons, alleviating the current problem of people having to wait on the sidewalk in public view and in all kinds of weather. In addition, there will be a private office in which new pantry patrons can apply for services, in contrast to the current office in which many functions take place simultaneously – new pantry applications, reception desk for donors and volunteers, staff desks, volunteer activities.

Many of our volunteers and supporters know that we've been looking several years for a permanent home that would bring our food pantry, evening meals and offices under one roof. While we lease the building at Eastern Avenue, we are exploring the possibility of purchasing it with Tri-City Community Action Program (Tri-CAP) with the intention of creating a permanent home for BOL as well as affordable apartments which would be managed by Tri-CAP.

Gary Christenson, President of our Board of Directors, had this to say: "This is a great moment not only for our organization but also for the community as this move ensures that Bread of Life will continue to serve as a safety valve for those less fortunate in Malden. Thank you to everyone involved for helping us achieve this goal."

We need volunteers to help clean, paint, do carpentry, set up shelving, move furniture and boxes, and numerous other tasks. Regular volunteer times are: Tuesdays and Thursdays, 2 – 5 pm at 54 Eastern Ave. If you have a group that is available at other times, such as evenings or weekends, or if you have special expertise, please let us know. After Thanksgiving, from Friday, November 25 through Wednesday, November 30, we need a number of volunteers to help us move. If you can help, please contact Gabriella at 781-475-9060 cell phone or info@thebreadoflifeonline.org.



**Great turn-out for the 19<sup>th</sup> annual Walk for Bread Oct. 2<sup>nd</sup>!** The Malden High School Team Captains Council turned out in force, raising \$2,168 for local poor and hungry families!

## Bread of Life Stands in the Gap

*"Natalie" is the mother of two kids, ages 7 and 3. A month ago her husband unexpectedly left her. She immediately ran into financial trouble trying to handle rent, utilities, and food. A friend told her about the Bread of Life Everett food pantry and she came in to apply. She was very embarrassed to ask for help, but desperate for food. A couple of weeks later, she was talking with the Pantry Coordinator and telling her she'd been very happy to receive a chicken in the grocery order. She was pleased that she was able to use the chicken for two weeks of meals for herself and her children – frying half of it and using the rest for soup. Still, she was again low on food. The Pantry Coordinator told her there was no need to go without food, and referred her to another food pantry. She also referred her to WIC – a federal nutrition supplement program for women, infants and children – which "Natalie" hadn't known about previously.*

## No one needs to be hungry or alone at the holidays

Thanksgiving and Christmas are holidays that celebrate the abundance of the earth and the blessing of family. But they can be painful times for people who are hungry or alone. Bread of Life's holiday meals ensure that everyone has a place to go for a delicious meal and friendly company. At last year's Thanksgiving dinner held at Malden High School, people were asked to write down things for which they were thankful. These were read out loud and offered up as prayers of thanksgiving to God, along with requests for God's special care and protection for those who are homeless, alone, sick and suffering. This year's holiday meals are being held:

cont'd. p.3

# DONORS

August 2011 - October 2011

Thank you very much and God bless you!



## Seraphim (\$10,000 and up)

The Adelaide Breed Bayrd Foundation,  
Malden  
Mystic Valley Elder Services, Inc.,  
Malden  
Project Bread, "The Walk for Hunger",  
East Boston  
Tri-City Community Action Program, Inc.

## Cherubim (\$5,000 to \$9,999)

The City of Everett Small Cities Grant  
EFSP - Emergency Food & Shelter  
Program/United Way of Mass. Bay

## Dominions (\$1,000 to \$4,999)

Boston Baptist Social Union, Topsfield  
Malden High School A, Class of 2011  
Malden Lodge of Elks No. 965,  
Malden

## Virtues (\$500 to \$999)

Eugene A. Baldi, Jr.  
Combined Federal Campaign, Boston

## Archangels (\$100 to 499)

Francine Black  
Celia R. Brown  
Frederick W. Cefalo, Esq. Attorney at Law  
Century 21-Bond Realty, Inc., Malden

### *In Memory of Anna Ciarcia,*

given by: George Julien  
Robert & Adeline Corcoran

### *In Memory of Teresa M. Dempsey,*

given by: William T.J. Dempsey  
William T. J. Dempsey

*In Honor of her 3 sisters with much  
love, "The Dolly Sisters", June  
Doliber, Mary Ann Herlihy, & Pat  
Sears,* given by: Carol A. Crownfield

Brian & Margaret Drees  
Elaine & Walter A. Elliott, Jr.  
Ellen L. Epstein & Ian A. Brownell  
Janice Feagley  
Mr. & Mrs. Luigi Firmani  
First Congregational Church, Melrose  
Francis & Teresa Flynn  
Forestdale Community Church, Malden  
Matthew Geiger  
Anne K. Gilbert & Robert A. Duff  
Give With Liberty, Liberty Mutual  
Foundation Donations, Employee &  
Matching, Princeton, NJ

Jane E. Harlow  
La Comunidad Inc., Everett

### *In Memory of Marcia & Joseph LaSpina,* given by:

Elaine & Walter A. Elliott, Jr.  
*In Memory of Ingeborg Liias,*  
given by: Diane & Donald Josephsen  
Lorraine McGee, DC, Gateways into Health,  
Andover

p. 2

Mandaara New England Kannada Koota,  
Westford, MA  
Harold & Kathleen McKenna  
Melrose Glass Co., Inc.  
Malden Rotary Club – Diaper Fund  
Malden Sketch Group  
Melrose Rotary Club  
Metro North Commandery #20 K.T.,  
Melrose

### *In Memory of Jimmy Noble, Sr. & Jr.,*

given by: John W. Noble  
Pew Charitable Trusts' Matching Gifts  
Program, Philadelphia, PA  
Diane Portnoy

### *In Memory of Robert J. Rivers,*

given by:  
- Mary Bonds  
- Ronald & Camille Boudreau  
- Arthur & Sandra Durling  
- Chris Galeazzi  
- James V. Keane  
- Deidre & Gary Levine  
- Laurence & Susan Levine  
- Thomas & Robin Mandile  
- Arnold & Frances Marrow  
- Bonnie & George Strudas  
- Jim & Sandy Virmelli

St. Francis of Assisi Parish, Medford, Friends  
of Francis

The Savings Bank, Wakefield  
Barbara & Paul Sinisgalli  
Smith Pump, Hooksett, NH  
Staples, Inc., Framingham

### *In Memory of their daughter, Kathy Surette,* given by:

Roy A. & F. Martha Ghika  
*In Memory of Edward Swenson,*  
given by: Carmen W. Maggiacomo  
Jeremiah & Eileen Twomey  
*In Memory of Laurette Twomey,*  
given by: Eileen Twomey

## Angels (under \$100)

Catherine & Stephen Almeida, Sr.  
Mr. & Mrs. Jim Applegate  
Rolf & Edda Bandle  
Patricia J. Barry  
Marshall Bautz & Melinda Walker  
*In Memory of Fred Berger,*  
given by: Bernice & Michael Ruane  
*In Memory of Frank Capaldo,*  
given by: Butch & Kathleen McKenna  
Antonette & Josephine Catalfo  
Jo Ann Chirichetti  
Commonwealth of Massachusetts,  
Employees Charitable Campaign,  
Boston

*In Memory of Sean Collins,*  
given by: Raleigh & Lois Lockwood

### *In Memory of Joe Connors,*

given by: Frances A. Kelly  
*In Memory of Loretta Daponta,*  
given by: - Kathleen & John Embriano  
- Caroline Wadland  
David & Marie Desmond  
Mary & Thomas DeWitt

*In Memory of Robert Doherty,*  
given by: Butch & Kathleen McKenna

*In Memory of Tom Dolan,*  
given by: Maryann Hurley  
Rosetta Donato

*In Honor of Rachel Dunn's Birthday,*  
given by: her five loving children &  
their family

*In Memory of Richard W. Dunn,*  
given by: his five loving children & their  
family

*In Memory of I. Embriano,*  
given by: Kathleen & John Embriano

*In Honor of Kathleen Embriano's  
Birthday,* given by: Caroline Wadland  
Emerald "Boutique" Benefit –  
Janet D. Green  
Gaby Snyder

*In Honor of Tom Feagley's Birthday,*  
given by: Julie O'Neill

*In Memory of Gayle Fitzpatrick,*  
given by: - Anne & Peter Hanifan  
- Butch & Kathleen McKenna

Edward & Judith Fleming  
Etsie & Anna Mae Forman

Gordon T. Francis  
Nancy E. Free

Leo Gerstel  
Carol & Elaine Ghilone

*In Memory of Ryan Gillespie,*  
given by: George Julien

Pamela Ginivan  
*In Honor of Carol Griffin's Birthday,*  
given by: - Teresa Hasserdjian  
- Ellen Prager

Pamela J. Griffin  
*In Memory of Andrew Guarino Jr.,*  
given by: Paula A. Malley

Luanne Hagan  
*In Honor of Renee Cammarata Hamilton  
& Michael Hamilton,* given by:  
Kevin Galipeau

Helen F. Hall

*In Memory of Mr. & Mrs. Roger Hardy's  
daughter,* given by: Elsie & Gene Baldi

Susan Huberman  
Michael Hughes  
Claire E. Jackson  
Judith Jacoby  
Kelliher & Callaghan, Attorneys at Law,  
Malden

Regina Kenney  
*In Memory of Al Letellier,*  
given by: Patricia & David Bessette

Thomas & Christina Loftus  
Joseph & Anne Marie LoPresti  
Loyal Order of Moose 1910, Malden  
F.P. Lozzi Floor Coverings, Wakefield  
Jennifer & Thomas Lynch, "TJ's Bank  
Money"

David P. Mahoney  
*In Memory of Edward Maguire,*  
given by: Anne Marie & Ronald  
Gasparri

*In Memory of Robert L. Marshall,*  
given by: Margaret M. Berkland

*In Memory of Joe Martarese,*  
given by: R. M. Woodrome

Joseph Martin  
*In Memory of Mario "Red" Mauriello,*  
given by: Bernice & Michael Ruane

Sheila T. McDonough  
*In Memory of Tricia McGuerney,*  
given by: Maryann Hurley

*In Honor of Kathy McKenna,*  
given by: John V. Sheehan

*In Memory of Mary Elizabeth McKenna,*  
given by: Maureen & Kenneth Pawl

*In Memory of Roger S. Melanson,*  
given by: William T.J. Dempsey  
Melrose Day Care Center & Preschool, Inc.

Jeannette Minyaoui  
 Carol J. Murphy  
 Henry Murphy  
**In Memory of Joey Murphy,**  
 given by: Joy Turcotte  
 Mea & Tim Mustone –  
 “ Kids’ Lemonade Stand”  
 Roger E. Nelson  
**In Memory of John Nofle,**  
 given by: William T.J. Dempsey  
 Barbara Norton  
 Paul Norton  
 Margaret & Leo O'Brien  
**In Memory of John & Mildred O'Leary,**  
 given by: John & Lorraine O'Leary  
**In Memory of John O'Neill,**  
 given by: Gertrude L. O'Neill  
 Micheal P. O'Shea  
 Lorna Patrick  
**In Memory of Mrs. Catherine Palermo,**  
 given by: Francis & Roberta Mauriello  
**In Memory of Rachel Beth Pearlman,**  
 given by: Maureen & Kenneth Pawl  
**In Honor of Trudy Pearlman's 66<sup>th</sup> Birthday,**  
 given by: Louis & Ruth Chapnik  
**In Memory of Trudy Pearlman,**  
 given by: Louis & Ruth Chapnik  
 Janet Proto  
**In Memory of Paul & Ida Renda,**  
 given by: John & Lorraine O'Leary  
 Suzanne L. Robblee  
 Richard J. Rooney  
**In Memory of Al Ruelle,**  
 given by: William T.J. Dempsey  
 Salon de Cottage – Janice & Alex Amasi  
 Benjamin & Judith Sands  
**In Memory of Eugene Saunders,**  
 given by: Rosemary Baglio  
**In Honor of Another Birthday,**  
 given by: Katie Serio  
**In Memory of Robert Shelton,**  
 given by: Mount Carmel  
 Chapter No. 230 O.E.S.  
**In Memory of Arthur Shultze,**  
 given by: William T.J. Dempsey  
 Paul Solano – Diaper Fund, Malden Rotary  
 Marcia G. Tamasi  
 Melinda Taranto-Garnis  
 Weiman Tchen & Pauline Gobeil  
**In Memory of Annabelle Ton,**  
 given by: Karen L. Lynch  
 Ann M. Tribble  
 Nancy Willis  
 Dr. William Wood & Carolyn J. Rosen  
 Gloria & John Woodman  
 Rev. Fr. Roger W. & Jane P. Wootton  
 Joyce B. Zeiner

**In-Kind Donations**

American Legion, Medford  
 Anthony's of Malden  
 BBN Technologies, Cambridge  
 Bestseller's Café, Medford  
 BJ's Wholesale Club, Medford  
 Bobby C's  
 Joanna Bosto  
 Boston Burger  
 Luke Brown & Michelle Droese  
 Business Copy Inc., Saugus  
 Frank Carpine  
 Children (2<sup>nd</sup> Grade) of Cheverus  
 School, Malden  
 Cheverus School, Malden  
 Deborah Cicero  
 Community Cooks  
 The Corner Deli, Melrose  
 Dockside Restaurant, Malden  
 Dockside Restaurant, Riversedge, Malden  
 Dockside Restaurant, Wakefield  
 Dennis Donnelly & Mary Beth Leon  
 Robert Eggers  
 Emmanuel Baptist Church, Malden

Ferryway School, Malden  
 First Baptist Church, Malden  
 First Church in Malden, Congregational  
 First Parish in Malden, Universalist  
 Mary Ann Foti  
 Holiday Inn, Boston – Somerville  
 William Igo  
 Irish American Club, Malden  
 J. Accardi & Sons, Malden  
 Jay's Ice Cream & Pizza, Malden  
 Junior Aid Society, Malden  
 Dottie Kerger  
 Chandan Keshkamat  
 Quan Le  
 Loyal Order of Moose 1910, Malden  
 Maureen Lucey  
 Joseph Luciano  
 Malden Elks #965, Malden  
 Malden Lions Club  
 Doug McEvoy  
 Medford Elks, Malden  
 Melrose Floors  
 Melrose Rotary Club  
 Jeannette Minyaoui  
 New England Coffee, Malden  
 Hugh O'Neill's Pub & Restaurant, Malden  
 Jimmy Thanh Nguyen  
 Panera Bread, Everett  
 Panera Bread, Saugus  
 Caren Perlmutter  
 Jaye Phillips  
 Piantedosi's Bakery, Malden  
 Piantedosi Bread Shoppe, Winchester  
 Pine Banks Park of Malden & Melrose  
 Pisa Pizza, Malden  
 Ellen Prager  
 Regal Carpet  
 Restaurant Depot, Chelsea  
**In Memory of Marty Van Riddle,**  
 given by: Dina Malgeri  
 Roche Brothers, Stoneham, Frank  
 Muccio  
 St. Clements School, Medford  
 St. Eulalia's Parish, Winchester  
 St. Joseph's Parish, Malden  
 St. Paul's, Brookline, Liz Scorsello  
 St. Vincent DePaul Society, Malden  
 Salemwood Middle School, Malden  
 Salter School, Malden  
 Sound Bites  
 S & S Market, Malden  
 Starbucks, Melrose  
 Stop & Shop Supermarkets, Malden  
 Target, Woburn  
 Teleflex Medical, Everett  
 Temple Tifereth Israel, Malden  
 Trader Joe's, Saugus  
 Tri-City Community Action  
 Program, Inc.  
 Tufts Hillel, Medford  
 Yankee Pest Control, Malden  
 Verna's Doughnuts, Cambridge  
 Whole Foods, Medford  
 Fred Wi

**2011 Walk for Bread & 5K Run**

*We netted over \$22,000! Thank you to all our walkers, runners and sponsors!*

**Walk/Run Major Sponsor: \$1,500**

People's United Bank

**Walk/Run Water Bottle Sponsor: \$750**

SalemFive Bank

**Walk/Run T-Shirt Contributors: \$500**

A & A Window Products, Malden  
 Anonymous Everett Donor  
 Christenson for Mayor  
 Charlie's Kitchen  
 Congressman Ed Markey  
 NoNail Woodworking

**Walk/Run Sponsors & Donors: \$200 - \$500**

Zoila & Mike Corricelli  
 Elizabeth Emerald  
 Friends of Morty  
 Mark & Alice Golub - refreshment booth  
 Alice & Michael Harris  
 Sean & Elisabeth Hurley  
 Maura Looney & Kevin Amirault  
 Sal & Rosalie LoPilato  
 Pisa Pizza, Malden – pizzas  
 Prime Time Sports – T-shirt printing

**Walk/Run Sponsors & Donors: \$100**

Fran & Barb Brown – paper products  
 Century Bank & Trust Company  
 Everett Mayor Carlo DeMaria Jr.  
 Kathleen & Butch McKenna – musician  
 Mission Trophy, Arlington, Joe Morello  
 RFA Malden Inc. - Advertising  
 Donna & James Sheehan  
 Kevin Sheehan  
 Marcia & Michael Sullivan

**Walk/Run Business Sponsors: \$50.00**

Cataldo Ambulance, Somerville  
 Hair Terrace, Medford  
 Hegarty's Delivery Service, Stoneham  
 Steven Ultrino for Ward 2 City Council,  
 Malden

***Cont'd. from p. 1***

**Thanksgiving Day,** Thursday, November 24, Malden High School Cafeteria, corner of Salem and Ferry Streets, noon – 2 pm. In addition to serving those in attendance, volunteers from the Immaculate Conception Knights of Columbus Council 13966, coordinated by Gene Pinkham, deliver meals to about 200 homebound senior citizens referred by Mystic Valley Elder Services, and to 100 homeless families sheltered at local motels.

**Christmas Day,** Sunday, December 25, St. Paul's Parish, 26 Washington Street, Malden, noon – 2 pm. Project Ezra provides volunteers from Temple Tifereth Israel who prepare the meal, coordinated by Ed & Jon Weiner, and Congregation Agudas Achim-Ezrath Israel, who help serve and clean up. Joan Meader and husband Paul Mongeau from St. Joseph's Church in Malden coordinate meal deliveries to the homebound senior citizens and homeless families. We also give a gift of a new warm clothing item and toiletries to every dinner guest. To volunteer or donate, please call Bread of Life at 781-397-0404.

***News from the Board***

**Congratulations to BOL President Gary Christenson** on his election as the next Mayor of Malden and to **BOL Vice President John Matheson** on his election as Ward 3 City Councilor in Malden! **Joanne Bruder**, BOL Assistant Treasurer, has been having some health problems, but wants to thank everyone for their thoughts and prayers and let you know she's doing well. **p. 3**

## **PARTNER ORGANIZATIONS:**

### **EVERETT:**

First United Parish

### **MALDEN:**

Cambridge Health Alliance-Malden Family  
Medicine Center

Congregation Agudas Achim-Ezrath Israel

First Baptist Church

First Church in Malden, Congregational

First Lutheran Church

First Parish in Malden, Universalist

Forestdale Community Church

Good Shepherd United Methodist Church

Immaculate Conception Church

Knights of Columbus Santa Maria Council 105

Knights of Columbus #13966

Malden Catholic High School

Malden Lions Club

Malden Rotary Club

Sacred Hearts Parish

St. Paul's Parish

St. Peter's Group

St. Vincent de Paul Society of

St. Joseph's Church

Seven Mile Road

Sharewood Clinic

Temple Tifereth Israel

Tri-City Community Action Program

### **MEDFORD:**

St. Francis of Assisi Church

St. Joseph's Church

### **MELROSE:**

First Baptist Church

First Congregational Church

First United Methodist Church

Green Street Baptist Church

Melrose Highlands Congregational

Melrose Rotary Club

Melrose Unitarian Universalist Church

### **READING:** Good Shepherd Church

### **STONEHAM:** St. Patrick's Church

### **WAKEFIELD:** Emmanuel Episcopal Church

## **DINNER & CLOTHING:**

**Tues, Wed and Thurs, 5:30-6:30 pm**

St. Paul's Parish, 26 Washington St,

Malden

**Fri, 5:30-6:30 pm**

First Baptist Church, 493 Main St,

Malden

## **FOOD PANTRY HOURS:**

**54 Eastern Avenue Rear in Malden:**

Fri: 2 - 4 pm and Wed: 4 - 6 pm

Phone: 781-397-0404, BOL office

**460 Broadway in Everett:**

3rd & 4th Thursdays 3 - 5 pm

Phone: Zoila at 857-888-3452

## **STAFF:**

**Thomas Feagley:** Director

**Gabriella Snyder Stelmack:** Special

Projects Coordinator

**McKay Russo:** Pantry Coordinator

**Zoila Corricelli:** Everett Pantry

Coordinator

**Maria Tiro:** Kitchen Coordinator/Motels

**Nancy Gamble:** Kitchen

Assistant/Motels

**Gert Fino, Carol Griffin, Julie O'Neill,**

**Dan Ticcioni:** Receptionists

**Ernie Bodvar, Mike Mackie, Bill**

**Petcos:** Meal Site Assistants

**Louise Gilbert, Sandra Lynch, Terry**

**Savage:** Office Assistants

**Betsy Gillaspie:** Caring & Sharing

## **OFFICE HOURS:**

**Tu, Th, Fri: 12-5 pm, Wed: 12-6 pm**

**54 Eastern Avenue Rear, Malden, MA**

**T: 781-397-0404 F: 781-288-0002**

**Email: [info@thebreadoflifeonline.org](mailto:info@thebreadoflifeonline.org)**

## **Home cooking for homeless families**

BOL's motel meal crew cooks 100+ meals a week for homeless families sheltered in local motels. Another 80 meals per week are donated by local groups and restaurants, including Community Cooks, Sound Bites and Boston Burger Company, all in Somerville, Anthony's Caterers, Cheverus School and the Junior Aid Society, all in Malden, and Bobby C's of Melrose. Thank you to all these businesses and groups!

## **WISH LIST:**

- **Grocery store or drugstore gift cards:** \$10, \$20, or \$25 value
- **Pies, cakes and pastries for** Thanksgiving and Christmas Day
- **Christmas gift items** for men & women: new gloves, underwear, thermal underwear, blankets, large sweaters and sweatshirts
- **Toiletries:** toothpaste, tooth-brushes, shampoo, razors
- **Food for pantry:** especially cereal, tuna, soup, stew, canned vegetables, jelly or jam, peanut butter
- **Plastic Grocery Bags**
- **Diapers, especially larger sizes, baby wipes**

# **Bread of Life**

**54 Eastern Avenue Rear**

**Malden, MA 02148**

**NONPROFIT ORG.**

**US POSTAGE PAID**

**BOSTON, MA**

**PERMIT NO. 54093**